

# Lunch @



*In order to guarantee freshness all ingredients are prepared in limited quantities, because of this some dishes may be temporarily unavailable.*

Organic salad with fruit, nuts and seeds  
6.50 with focaccia bread  
add organic chicken or smoked local trout  
4.00

Soup of the day  
4.00 cup 6.00 bowl with focaccia bread

Organic salad, dry fruits and nuts with balsamic  
vinegar and parmigiano cheese wrapped in a  
homemade whole wheat tortilla  
7.50

Organic chicken sandwich with natural bacon,  
homemade ricotta cheese and scallions  
- comes with little salad  
9.50

Natural pork filet sandwich with grilled organic  
veggies and basil pesto - comes with little salad  
9.50

Panino with natural prosciutto, arugula, artichoke  
comes with a little salad  
10.50

Marinated salmon, arugula, sliced lemon and leeks  
sandwich - comes with a little salad  
10.50

Make your own crostini plateau: toasted bread with  
different toppings - comes with little salad  
9.00

Quiche of the day  
comes with a little salad  
9.00

Bread crostone with 3 melting gourmet cheeses on top  
comes with green salad and dried fruits  
9.50

Side of organic salad or  
organic fingerling potatoes with homemade ketchup  
3.00

Focaccia bread  
2.50

*Dressings:* balsamic vinaigrette, lemon vinaigrette, miso-tahini,  
honey mustard

***Need something sweet?*** Ask about our desserts! 3.50

## *Beverages*

Sparkling juice: mandarin orange or pomegranate 2.50

Reed's Extra Ginger Brew 2.50

Virgil's Root Beer 2.50

Mexican Coca-Cola (no hfcs, no preservatives) 2.50

Sparkling water (large bottle) 4.00

Iced tea 2.50 (one refill)

Hot tea 2.50 (one refill)

Coffee 2.50 (one refill)

*Please be aware that consumption of good food can  
lead to unusual state of wellness!*